

Post-16 applications



Exam Prep.



What are my next steps?



My next steps

11



Online relationships



What are gender stereotypes?



Staying Safe



First Aid



Becoming an adult

Safe Sex

What is sexuality?



What is a healthy relationship?



What is peer pressure?



Contraception



10

What does county lines mean?



Relationships

9

What is hate crime?



What is a family?



What are the risks of alcohol, tobacco and vapes?



What does marriage mean?



What is consent?



Why should we eat a balanced diet?

Wider society



What do healthy friendships look like?



What is bullying?



How can we stay safe online?



How can I manage my mental health?



What is organ donation?



8

Growing Up

7

What changes happen during adolescence?



How do we process and manage emotions?



How can I make sure I get enough sleep?



What is vaccination?



What is stress and how can we manage it?

