

MEAL CAB MENU

3 WEEK MENU



	WEEK 1		WEEK 2		WEEK 3	
	OPTION 1	OPTION 2	OPTION 1	OPTION 2	OPTION 1	OPTION 2
 MONDAY	Sweet Chilli Panini	Quorn Sweet Chilli Panini	Loaded Nachos (Mince & Cheese)	Loaded Nachos (Quorn & Cheese)	Sweet Chilli Chicken & Rice	Quorn Chilli & Rice
 TUESDAY	Chicken Balti & Chips	Quorn Balti & Chips	Creamy Chicken Slice	Vegetable Lattice	Katsu Curry & rice	Katsu Quorn Curry & Rice
 WEDNESDAY	Spicy Sausage Pasta	Tomato Pasta	BBQ Meatball Panini	Cheese Panini	Pepperoni Pizza	Cheese & Tomato Pizza
 THURSDAY	Steak Bake	Cheese & Tomato Pizza	Chilli, Rice & Nachos	Quorn Chilli, Rice & Nachos	Mac & Cheese	
 FRIDAY	Southern Fried Chicken Burger	Vegetarian Burger	Fish Burger	Vegetarian Burger	Sausage Patty in Bap	Vegetarian Sausage in Bap



Vegetarian options available every day.