

Post-16  
applications



Exam Prep.



What are my  
next steps?



### My next steps

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Online  
relationships



What are gender  
stereotypes?



Staying Safe



First Aid



Safe Sex

What is  
sexuality?



What is a  
healthy  
relationship?



What is peer  
pressure?



Contraception

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What does county  
lines mean?



What is  
consent?



### Relationships

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What is hate  
crime?



What is a  
family?

What are  
the risks of  
alcohol,  
tobacco and  
vapes?



What does  
marriage  
mean?



Why should we eat a  
balanced diet?



### Wider society

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What do  
healthy  
friendships  
look like?



What is  
bullying?



How can we stay safe  
online?



How can I manage  
my mental health?



What is organ  
donation?



### Growing Up

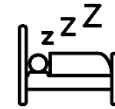
7



What changes  
happen during  
adolescence?



How do we  
process and  
manage emotions?



How can I  
make sure I get  
enough sleep?



What is vaccination?

What is stress  
and how can  
we manage it?

