

Menu - Autumn Term - Wk 1
2019 - 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Daily selection to include 2 of: Toast /Cereal Bars / Croissants / Muffins				
Break	OUTSIDE & INSIDE				
	Toast	Toast	Toast	Toast	Toast
	Pizza	Breakfast Pastie	Bagels / Croissants / crumpets	Cheese & Ham Toastie	Bacon Rolls
Drinks	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes
Lunch	OUTSIDE MENU				
Cold Sandwich	Filled Sandwich & Baguette selection	Filled Sandwich & Baguette selection	Filled Sandwich & Baguette selection	Filled Sandwich & Baguette selection	Filled Sandwich & Baguette selection
Hot sandwich alternated with pasta	Spicy sausage pasta Cheese & Tomato Panini	Meatball melt Panini Cheese & Tomato Panini	Pizza Flatbread	Sweet & Sour Chicken with Rice Tomato Pasta	Beef Burger (with / without cheese) Veg Burger
Dessert choice daily each day:	Yoghurt / Fruit / biscuits / traybake cakes	Yoghurt / Fruit / biscuits / traybake cakes	Yoghurt / Fruit / biscuits / traybake cakes	Yoghurt / Fruit / biscuits / traybake cakes	Yoghurt / Fruit / biscuits / traybake cakes
Drinks	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes
	INSIDE MENU - Cold Servery				
Cold Sandwich	Filled Sandwich & Baguette selection	Filled Sandwich & Baguette selection	Filled Sandwich & Baguette selection	Filled Sandwich & Baguette selection	Filled Sandwich & Baguette selection
Dessert choice daily each day:	Yoghurt / Fruit / biscuits / traybake cakes	Yoghurt / Fruit / biscuits / traybake cakes	Yoghurt / Fruit / biscuits / traybake cakes	Yoghurt / Fruit / biscuits / traybake cakes	Yoghurt / Fruit / biscuits / traybake cakes
Drinks	Water / Juices / Milk shakes	Water / Juices / Milk shakes	Water / Juices / Milk shakes	Water / Juices / Milk shakes	Water / Juices / Milk shakes
	INSIDE MENU - Main Servery				
	Jacket Potato / Cheese & Beans / Coleslaw / Salad	Jacket Potato / Cheese & Beans / Coleslaw / Salad	Jacket Potato / Cheese & Beans / Coleslaw / Salad	Jacket Potato / Cheese & Beans / Coleslaw / Salad	Jacket Potato / Cheese & Beans / Coleslaw / Salad
Hot Dinner - Traditional	Breaded Chicken Wraps with Cheese, Salad & Sweetcorn Veg Wrap	Chicken Curry with Rice, mixed veg & Naan bread Quorn Tikka Curry	Turkey, Stuffing, Roast potatoes, carrots, peas & green beans Cauli Cheese.	All Day Breakfast - Bacon / Sausage / Scrambled Egg / Beans / tomato / Toast / Hash Browns	Breaded Fish, or Breaded Chicken with Chips / Peas / Beans
Salad Mix offered daily:	Mixed salad / grated carrots /Sweetcorn / Coleslaw	Mixed salad / grated carrots /Sweetcorn / Coleslaw	Mixed salad / grated carrots /Sweetcorn / Coleslaw	Mixed salad / grated carrots /Sweetcorn / Coleslaw	Mixed salad / grated carrots /Sweetcorn / Coleslaw
Dessert choice daily each day:	Yoghurt / Fruit pots / biscuits / traybake cakes	Yoghurt / Fruit pots / biscuits / traybake cakes	Yoghurt / Fruit pots / biscuits / traybake cakes	Yoghurt / Fruit pots / biscuits / traybake cakes	Yoghurt / Fruit pots / biscuits / traybake cakes
Traditional Dessert	Syrup Sponge & Custard	Arctic Roll	Chocolate Tart	Ice Cream	Jelly & cream
Drinks	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes	Water / Juices / Milk / Milkshakes

