



# MANAGING TRICKY SITUATIONS



Moving to a new school can be tricky and everyone needs help sometimes. Have a look at these worries and think about what you might suggest as a solution.

SITUATION	FEELING How would you feel if this happened to you?	PROBLEM SOLVING What could you do?	ASKING FOR HELP Who would you ask? What would you like them to do?
You don't understand your homework. No one is able to help at home. It is due in the day after tomorrow.			
You have a big falling out with your best friend. You have been friends since Primary School.			
One of your teachers gives you a consequence for talking to your friend in class. Your friend isn't given one and you feel this is unfair.			
You have lost the brand new rugby boots that your parents bought you for your birthday.			
Another student is mean to you at school. They begin to send you unkind messages on social media.			



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## Parents

Discuss with your child problem solving ideas – “what would you do if.....?”

Who would you ask for help if you were unsure about something? Talk about how you have asked people to help you in different situations, emphasise that everyone needs help sometimes!

Situation Number 3 mentions ‘consequences.’ This would be a good time to discuss Ivanhoe’s behaviour policy (this can be found on the website) and why students may be given these at Ivanhoe.

## Students

Activity on p11 Key skill for Secondary school –

‘What should I do if...?’ + useful phrases ‘I’m lost’; ‘I’m sorry I’m late.’;

‘Please could you help me?’; ‘Who should I ask/ tell about...?’; ‘Where

would I find...?’ **Activity: Managing Tricky Situations**

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